

Wahoo Parks and Recreation Department
Adult Coed “One Pitch” Softball League Rules

One Pitch:

1. Each batter gets ONE PITCH.
Foul ball: Caught or dropped-OUT
Strike: Swing or not, OUT
2. If the batter steps out of the box to make contact or swing at the pitch, the batter is OUT.

Pitching:

1. The offensive team will pitch to itself.
 - a. When it is the pitcher’s turn to bat, another pitcher must pitch in his/her place until he/she is out or crossed home plate.
2. The defensive pitcher will start no closer than 5 feet to the side or behind the offensive pitcher the defensive pitcher can not be positioned in front of the offensive pitcher.
 - a. The offensive pitcher will be able to defend Him/Herself from the ball.
 - b. If the offensive pitcher catches the ball the batter will be out.

Official Game:

An official game is 7 innings or until game clock has expired. No new inning shall begin after 40 minutes on the game clock. League will consist of 4 regular season games, followed by a double elimination tournament.

Ball:

Each team needs five, 12” yellow optic, red stitch softballs. Each team will hit their own softballs. Balls must be .44 core with 375 compression.

Teams Defined:

10 players must play the field and 10 must bat. Coed teams must consist of at least 5 females.

Home Run Limits:

5 home runs per game. Any additional home runs will result in an out.

Umpire:

The leagues are self-umpired.

Captains are to report scores/results to: schmidt@wahoo.ne.us within 12 hours of game time.

Equipment:

All bats must be ASA certified. No metal spikes will be allowed.

Seeding For Tournament:

If at the end of regular season there is a tie, it will go to:

- 1) Head to Head Record
- 2) Head to Head Run Differential
- 3) Overall Run Differential